



Item no. 066/155
Manufacturer's no. 207



Leicht & Fit Rezepte – genussvoll essen – Recipes for the Omnia Oven – Cookbook



Information

Dimensions	20x20x1 cm
Pack size	20.2 x 19.9 x 1.3 cm
Net weight	280 g
Gross weight	280 g
Catalogue page	123

Holidays are an excellent time for exploring new delicious dishes and ways of preparing them. Discover new things far away from the hustle and bustle of everyday life and then turn them into good habits at home.

Everybody is talking about a balanced and healthy diet.

You do not need strict rules and meal plans to have a balanced diet. A few simple guidelines are enough to give your body everything it needs to stay healthy and fit. This is not a diet book. It rather provides helpful tips for a healthier diet without being dogmatic. And it contains over 30 recipes to help you familiarise yourself with the new light Omnia cuisine.

Language: German

Specifications

Pages 64